

LIVING WITH RENEWED PURPOSE

WORKSHOP

For Adult Learners



LEARNING OBJECTIVES

- Makes the case that living a life of purpose increases one's well-being;
- Teaches the participants that effort leads to accomplishment;
- Facilitates the process of connecting with one's Authentic Self through meditation, movement and an art/journaling activity; and
- Brings the participants closer to determining the next steps in their lives.

WORKSHOP DETAILS

- Workshop is interactive, which enhances the learner experience.
- Participants leave the workshop with clearly defined next steps.
- Registration Fee includes a three-hour workshop and a group coaching call.

"This really touched on everything I have been trying to crystalize for myself and brought up the concept of beating back the negative."

"This workshop calmed my thinking down and made me think of the 'why'."

Flourishing Culture Consultants, LLC®
Creating cultures where people count



For more information, contact
joyceschroeder@flourishingcultures.com or call 914-314-8050